

Nuclear Stress Test Patient Information

- 1. NO LOTIONS, POWDERS AND CREAMS ON ARMS, LEGS OR CHEST**
- 2. DO NOT HAVE ANYTHING TO EAT AFTER MIDNIGHT ON THE DAY OF THE TEST.**
- 3. NO CAFFEINE 24 HOURS PRIOR TO THE TEST.** THIS INCLUDES BUT NOT LIMITED TO COFFEE, TEA, COLAS, OR SOTHER SOFT DRINKS THAT CONTAIN CAFFEINE INCLUDING “CAFFEINE FREE”
- 4. NO chocolates** including cadies, frosting, cookies, pies, cola and chocolate milk.
- 5. NO** products that contain caffeine such as Anacin and Excedrin.
YOU MAY TAKE REGULAR ASPIRIN
- 6. NO** Persantine (dipyridamole) products
- 7. NO** Theophylline or theophylline containing products such as Constant T, Primatene, Quibron, slo-phyllin, or teo-dur 48 hours prior to testing.
- 8. Plan to be at Jefferson Washington Twp Hospital for 3-4 hours in total for the test.**
- 9. Arrive 30 minutes prior to your appointment time for registration**

Enter at Main Entrance of Jefferson Washington Twp

on 555 Egg Harbor Road Main Entrance

Any further questions or if you need to cancel or reschedule

Please call the office at 856-212-0130