



PATIENT PREPARATION FOR WATCHMAN **LEFT ATRIAL APPENDAGE OCCLUSION PROCEDURE**

Do not eat or drink after midnight the day of the procedure.

You may take all your regular morning medications the day of the procedure (with sips of water if necessary). If you are a diabetic, please contact your primary care provider for instructions on these medications.

You do not need to stop taking your blood thinner medications

You will need someone to drive you home following the procedure since heavy sedation or general anesthesia will be utilized during the procedure

You will most likely be discharged home within six hours after the procedure is completed

You will have a sore groin for 1-2 weeks, but you should not have any significant activity limitations or precautions 24 hours after the procedure